

DAILY SCHEDULE

Thursday, June 21, 2018

8:00 A.M. – 4:00 P.M.

ADMINISTRATIVE MEETING: EXECUTIVE COUNCIL

8:00 a.m. – 12:00 p.m. — Executive Council Morning Session

Lunch Break

1:30 p.m. – 4:00 p.m. — Executive Council Afternoon Session

APsaA's Board of Directors, known as the Executive Council, is responsible for the management of the affairs and business of the association. The Executive Council is comprised of the association's officers, eight nationally elected Councilors-at-Large, and councilors representing each affiliate society of the association, as well as each affiliate and affiliated study group. The Executive Council meeting is open to any member of the association except when there is a need for the council to be in executive session.

1:00 P.M. – 5:00 P.M.

ADMINISTRATIVE MEETING: CANDIDATES' COUNCIL

Note: New candidates participating in the Travel Scholarship are required to attend this meeting.

Please join us to learn of opportunities for candidates to participate in APsaA either on the Candidates' Council or on APsaA committees, engage in roundtable discussions of those issues most relevant to candidates, compare notes with colleagues from around the world about issues in training and how it's done elsewhere, gain an orientation to the greater APsaA community, learn about exciting opportunities available exclusively to candidates, deepen your psychoanalytic identity, broaden your connection to the profession of psychoanalysis, explore resources for building your practice, and forge lifelong friendships with other candidates. All Candidates are members of the Candidates' Council and we welcome the opportunity to introduce you to the many aspects of APsaA.

DAILY SCHEDULE

4:30 P.M. – 6:00 P.M.

ADMINISTRATIVE MEETING: NORTH AMERICA AND THE WORLDWIDE IPA

William Glover, Gunther Perdigao and Alan Sugarman, North American representatives on the IPA Board, invite all North American psychoanalysts to join in a conversation on changes in psychoanalytic education in the IPA and how we can all work together for the benefit of local, regional and worldwide psychoanalysis.

6:00 P.M. – 7:00 P.M.

SOCIAL EVENT: ATTENDEE COCKTAIL RECEPTION

All are invited to attend a wine and cheese reception with your colleagues and APsA staff. Stop by the beautiful lobby Mezzanine before heading out for the evening.

7:00 P.M. – 9:00 P.M.

SOCIAL EVENT: PRIVATE SEGWAY TOUR OF CHICAGO

Note: Registration is required for this event separate from your meeting registration. See page 8 for details.

Join other APsA attendees on a private Segway Tour of Chicago visiting some of Chicago's most scenic and historic destinations with an experience guide.

SOCIAL EVENT: CANDIDATES' SPRING PARTY

Location: 122 South Michigan Ave, Room 1408
Cost: \$55 (includes a light meal, drinks, and a stunning view of Lake Michigan)
Mail Payment: Kathleen O'Connor
122 S. Michigan Ave, Suite 1311, Chicago, IL 60603
Questions? Contact: Kathleen O'Connor
kmaryoconnor@gmail.com | (630) 928-1173

The Candidates' Spring Party is an opportunity for candidates to meet each other to network, socialize, and learn about what it's like to train at other institutes around the country. Please join members of the Candidates' Council for our networking event on Thursday, June 21st. Walk-ins are welcome.

THURSDAY

DAILY SCHEDULE

Friday, June 22, 2018

8:00 A.M. – 8:45 A.M.

ADMINISTRATIVE MEETING: BUSINESS MEETING OF MEMBERS

Chair: Harriet L. Wolfe, M.D., President (San Francisco, CA)

The Meeting of Members is an opportunity for all APsaA members to learn about current activities of the Association. All registrants are encouraged to attend.

9:00 A.M. – 12:00 P.M.

OPENING SESSION AND PRESENTATION OF AWARDS: THE GROUP AND THE INDIVIDUAL: HOW LARGE GROUPS STIMULATE AND REGULATE VIOLENCE

Chair &

Presenter: Christine C. Kieffer, Ph.D., ABPP (Chicago, IL)

Moderator: Carlos E. Almeida, M.D. (New York, NY)

Presenters: Brent Decker, Ph.D.* (Chicago, IL)

Robert Galatzer-Levy, M.D. (Chicago, IL)

Carol Gilligan, Ph.D.* (New York, NY)

Violence has been described as a contagious disease if left unregulated. While it has been noted that large groups can stimulate violence, it is far more difficult to promote effective means by which groups can be regulated, and even become prosocial. This panel will examine the nature of these processes and discuss effective interventions both in immediate crises as well as longer term strategies. Psychoanalytic understanding of these phenomena will be integrated with theories and applications from other disciplines. Following the presentations of short papers, those gathered to hear the program will break into small groups, later reconvening in a process of engagement with the speakers and one another.

After attending the session, participants should be able to: 1) Explain how gangs can operate to reduce violence; 2) Describe two ways in which violence is a contagious disease. **CEC: 3**

12:00 P.M. – 1:30 P.M.

LUNCH BREAK

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M.

SYMPOSIUM: THE COLLABORATORY

Co-chairs &

Presenters: Jane Hassinger, L.C.S.W.* (Ann Arbor, MI)
Rebecca A. Mair, Ph.D. (Grosse Pointe, MI)
Billie A. Pivnick, Ph.D.* (New York, NY)

Applying clinical psychoanalysis in community-based settings employs modes of thinking about groups and communities in which personal and cultural histories, the unconscious, and the socio-political surround are at play. This symposium will describe the web-based seminar, “The Collaboratory”® – a psychoanalytic learning community concerned with how to initiate and participate in innovative community-based interventions characterized by collaboration, reciprocity, and transformative learning. Adopting a more egalitarian professional role, working in interdisciplinary teams, navigating team processes, and anticipating and responding effectively to intervention phases in target communities are new skills required by clinicians in this work. This symposium will describe foundational principles, emergent group processes, and participant experiences, while also offering an experiential exercise and live discussion of symposium participants’ own dilemmas and challenges in practice.

After participating in this discussion participants will be able to: 1) Identify key psychoanalytic concepts and methods (e.g. transference/countertransference, intersubjectivity, unconscious group dynamics, enactment) that can be applied to collaborative projects outside the consulting room; 2) Identify the advantages of the Collaboratory model for acquainting psychoanalytically-informed practitioners to the role challenges in working in interdisciplinary, community-based projects with diverse populations. **CEC: 2**

APSAA ON CAPITOL HILL:

LONG TERM TRAUMA CAUSED BY SCHOOL AND COMMUNITY VIOLENCE

Moderator: Mark D. Smaller, Ph.D. (Douglas, MI)
Presenters: Katherine R. Smaller, L.C.S.W.* (Douglas, MI)
Peggy Tighe, J.D.* (Washington, DC)

Addressing the long term traumatic impact of school shootings and community violence on children and families is one of four priorities of APsaA’s Public Advocacy Department. Katherine Smaller, LCSW,

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1:30 P.M. – 3:30 P.M. CONTINUED

therapist, and survivor, of an elementary school shooting will present a personal and psychoanalytic perspective on long term impact of trauma. Peggy Tighe, J.D., APsAA's Legislative Attorney in Washington, D.C., will present strategies based on psychoanalytic expertise to contribute to federal and state policy regarding school and community violence. Mark D. Smaller, Ph.D., immediate past president of APsAA, will moderate the session and offer psychoanalytic perspectives on gang related violence, prevention and treatment.

After attending this session, participants should be able to: 1) Describe research and clinical findings related to long term impact of violence on children and families, and utilize in clinical work and advocacy activity; 2) Describe APsAA's advocacy work in local, state and federal government, and be able to utilize and operationalize individual plans to advocate as a psychoanalyst regarding the long term impact of violence. **CEC: 2**

CLINICAL CONFERENCE #1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: A PSYCHOANALYTIC APPROACH IN PRIMARY CARE

Chair: Mayumi Pierce, M.D.* (San Francisco, CA)
Presenter: Peter Loper, Jr., M.D.* (Columbus, SC)
Discussant: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)

The industrialization of healthcare has undermined the importance of the doctor-patient relationship in managing chronic illness. Principles of psychoanalytic psychotherapy have demonstrated the power of this relationship in treating physical diseases mediated by sociocultural and environmental factors. The treatment of a 12 year old patient with obesity will illustrate how essential psychoanalytic concepts can rectify the compromised doctor-patient relationship in the primary care setting, resulting in improved process-based care.

After attending this session, participants should be able to: 1) Discuss the four most commonly cited mechanisms of damage to the doctor-patient relationship in industrialized health care; 2) Explain and utilize the fundamental psychoanalytic concepts that can rectify this damage to the doctor-patient relationship in the primary care setting. **CEC: 2**

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1:30 P.M. – 3:30 P.M. CONTINUED

MEET THE AUTHOR:

DR. ARNOLD RICHARDS AND DR. STEVEN STERN

Chair: Henry J. Friedman, M.D. (Cambridge, MA)

Authors &

Presenters: Arnold Richards, Ph.D. (New York, NY)
Steven Stern, Psy.D.* (Yarmouth, ME)

Books: “Psychoanalysis: Critical Conversations Volume 1”
“Needed Relationships and Psychoanalytic Healing:
A Holistic Relational Perspective on the Therapeutic Process”

This session will include presentations by Steven Stern, Psy.D. and Arnold Richards, Ph.D. Dr. Stern’s book, “Needed Relationships and Psychoanalytic Healing” extends Kohut’s self-psychology concept of the self-object and specificity theory to a fuller picture of what the analytic relationship provides for individual patients. He represents the expression of self-psychology’s best clinical practices. Dr. Richards’, “Psychoanalysis: Critical Conversations Volume 1,” “follows the leitmotif of “integrative pluralism”: how to continue the dialogue between the contributors of disparate psychoanalytic schools of thought” with the larger psychoanalytic base. Together their presentations both contrast and enhance each other. In doing so the authors increase our understanding of the complexity of utilizing either a unitary or multiple theoretical approach in conducting clinical psychoanalyses.

After attending this session, participants should be able to: 1) Utilize the relational aspect of the analytic situation and the specificity of what the analyst needs to provide each patient; 2) Utilize multiple theoretical approaches in the service of effectiveness with each patient in the course of an analytic treatment. **CEC: 2**

CONVERSATION WITH A DISTINGUISHED ANALYST:

DR. AISHA ABBASI

Chair: Valerie Golden, J.D., Ph.D. (Minneapolis, MN)

Presenter: Aisha Abbasi, M.D. (West Bloomfield, MI)

Dr. Abbasi will discuss the challenges and techniques of beginning an analysis, including establishing the frame, creating an analytic process, conducting initial sessions, and making a recommendation for treatment, which may involve meeting five times a week. Dr. Abbasi is a renowned psychiatrist/psychoanalyst, author, speaker,

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1:30 P.M. – 3:30 P.M. CONTINUED

and educator. She has published several notable works about beginning an analysis, from its beginnings in the analyst's mind to the actual creation of an analytic patient and process. She is a Training and Supervising Analyst at the Michigan Psychoanalytic Institute and the author of, among her many works, "The Rupture of Serenity: External Intrusions and Psychoanalytic Technique."

After attending this session, participants should be able to: 1) Apply effective clinical strategies for beginning an analysis; 2) Assess for their own practices the indications for five-times-a-week treatment.

CEC: 2

COMMITTEE SPONSORED WORKSHOP 1: TEACHING ABOUT ANALYTIC CASE WRITING

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)
Co-chairs: Earle Baughman, M.D. (Alexandria, VA)
Melvin Bornstein, M.D. (Birmingham, MI)
Jonathan Palmer, M.D. (Newton, MA)
Arthur L. Rosenbaum, M.D. (Cleveland Heights, OH)
Harvey Schwartz, M.D. (Philadelphia, PA)
Peggy E. Warren, M.D. (Waban, MA)
Presenter: Ellen Pinsky, Psy.D. (Cambridge, MA)

Ellen Pinsky, an accomplished analytic writer and teacher of writing, will read from her work and describe some guiding principles of her teaching and writing. She will suggest that candidates and graduate analysts can learn to better understand the therapeutic process by integrating the spoken language of the clinical exchange with the precision and expressiveness of writing: that is, writing can illuminate and deepen understanding of what has happened in the treatment.

(This Workshop is related to the Discussion Group 16: Writing about Your Analytic Work in a Case Report, Friday, June 22 from 3:45 p.m. - 5:45 p.m.)

After attending this session, participants should be able to: 1) Describe the essential similarities between analytic writing and the analytic process itself and how the writing functions to deepen clinical understanding; 2) Explain the value of learning about writing by examining effective models of various forms (poetry, prose, children's books, plays, advertising copy). **CEC: 2**

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1:30 P.M. – 3:30 P.M. CONTINUED

DISCUSSION GROUP 1:

A CLASSIC UNVISITED: THE CLINICAL AND TECHNICAL VALUE OF THE IDEAS OF WILFRED BION

Chair: Rogelio Sosnik, M.D. (New York, NY)
Co-chair: Irene Cairo, M.D. (New York, NY)
Presenter: Stephanie Schechter, Psy.D. (Cambridge, MA)

Wilfred Bion's model of mental functioning is anchored strongly on Freud's and Klein's theories, yet it provides a new and different tool for approaching the process. Bion's theory of mind and approach to the clinical situation allows for a way to identify mental states at the most profound level. This permits access to psychotic parts of the personality and facilitates the resolution of impasses. Session material will be presented where the analyst is facing a difficult clinical situation which will be discussed by the Chairs with participation of the group.

After attending this session, participants should be able to: 1) Describe the way that Bion's basic ideas are relevant to the clinical material presented; 2) Utilize Bion's concepts in their practices as they were discussed in the discussion group. **CEC: 2**

DISCUSSION GROUP 2:

ALTERED STATES OF AWARENESS

Co-chairs &
Discussants: Fonya Lord Helm, Ph.D., ABPP (Virginia Beach, VA)
Maurine Kelber Kelly, Ph.D. (Silver Spring, MD)
Presenter: Carol Gilligan, Ph.D.* (New York, NY)

This discussion group will focus on the research of Elizabeth Lloyd Mayer, Ph.D., summarized in her book "Extraordinary Knowing: Science, Skepticism, and the Inexplicable Powers of the Human Mind." Dr. Mayer's and Dr. Carol Gilligan's 1997-2005 APsAA discussion group attracted many psychoanalysts eager to share their own anomalous experiences. Conversation will focus on a variety of anomalous experiences and states of mind in which people at times get information difficult to discover by the usual means. Such knowledge most often is ignored for many reasons. The discussion group will provide examples of uncanny and anomalous experiences, along with the models that currently are being used to describe these experiences. Participants are invited to present their own vignettes of unexplained knowledge.

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After attending this session, participants should be able to: 1) Describe factors that contribute to the altered states of awareness of those experiencing extraordinary knowing; 2) Discuss models for describing unexplained knowledge. **CEC: 2**

DISCUSSION GROUP 3: DEEPENING CHILD TREATMENT: TURNING POINTS IN THE ANALYSIS OF AN OBSESSIONAL BOY

Co-chairs &

Discussants: Sydney Anderson, Ph.D. (Bloomington, IN)

Edward I. Kohn, M.D. (Cincinnati, OH)

Presenter: Adele Kaufman, L.C.S.W. (Highland Park, IL)

This discussion group will focus on the seven-year analytic treatment of a boy with obsessional symptoms. The treatment began when the patient was 6 1/2 years old, at a time when his symptoms were constraining his ability to feel, think, and play. The presentation will highlight several turning points that facilitated the continuation and deepening of the analytic work. In addition, there will be a discussion of the work with the parents, whose initial understanding of their son's difficulties was based on a medical model. The case material will demonstrate a psychoanalytic understanding of obsessional defenses, while the technical approaches will be applicable to a broad range of child analytic situations.

After attending this session, participants should be able to: 1) Describe two approaches for developing a working alliance with parents who initially present with resistances to a psychoanalytic approach; 2) Explain two strategies for making interpretations to children in order to demonstrate to them the link between their symptoms and the underlying psychological factors that contribute to them. **CEC: 2**

DISCUSSION GROUP 4: EMBRACING OR FORECLOSING CHANGE: DEEPENING OUR UNDERSTANDING

Chair &

Discussant: Peter Shabad, Ph.D.* (Chicago, IL)

Presenter: John C. Foehl, Ph.D. (Brookline, MA)

Dr. Foehl will lay out the implications of a phenomenological perspective where mind/subject and world are "given in one

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stroke,” part of the same emergent field, where change takes place through transformations in experience. Trends in contemporary psychoanalytic theory lean toward this radical non-dualistic view, but never quite relinquish a perspective where subject and object, subject and subject are separate. Following a theoretical introduction, he will present a short piece of clinical process that will demonstrate how this approach changes what we do. He will specifically address a perspective on “sameness” as the foreclosure of transformation and how a field attunement can open perceptual “difference” in the service of change.

After attending this session, the participant should be able to: 1) Describe the phenomenological stance of the epoche and the way this stance changes our understanding of knowing and representation; 2) Define and discuss the form of the phenomenal field in relationship to foreclosure of change (sameness) and transformation (difference). **CEC: 2**

DISCUSSION GROUP 5: INFANT MENTAL LIFE AND THE DREAM IN PSYCHOANALYSIS

Chair: Bernard W. Bail, M.D. (Beverly Hills, CA)
Co-chair &
Presenter: Loren A. Weiner, Ph.D.* (Beverly Hills, CA)
Co-chair: Judith V. Parker, Ph.D.* (Beverly Hills, CA)

This discussion group focuses on the prenatal origins of pathology in the adult patient as outlined by Dr. Bail’s Theory of Imprinting, which describes the phenomenon that occurs very early in the life of a fetus and determines the individual’s entire life. Imprinting occurs when the mother unknowingly and unintentionally projects her unconscious negative feelings about herself into her fetus. The fetus is forced to defend itself against this psychological blow by splitting off the harmful material, thereby changing his personality forever. Dr. Bail has discovered that the dream is the key to illuminating the patient’s unconscious struggle with the imprint. The more an imprint can be revealed, the more its power can be diminished, allowing the true nature of the person to emerge.

After attending this session, participants should be able to: 1) Describe Dr. Bail’s Theory of Imprinting and how it illuminates prenatal origins of psychopathology; 2) Demonstrate an increased knowledge of working clinically with dream material. **CEC: 2**

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1:30 P.M. – 3:30 P.M. CONTINUED

DISCUSSION GROUP 6:

PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY: A COMPARATIVE CONSIDERATION OF METHOD, TECHNIQUE, AND THERAPEUTIC ACTION

Chair: Ralph Beaumont, M.D. (Portland, OR)
Presenters: Deborah Kass, L.C.S.W. (Portland, OR)
Benjamin Schwartz, Psy.D.* (Chicago, IL)
Discussant: Alan Sugarman, Ph.D. (La Jolla, CA)

Contrasting psychoanalysis and psychodynamic psychotherapy has been a long established tradition, often emphasizing the limitations of the latter. This has resulted in a gap in the understanding of the two therapeutic processes and the ways they are related to one another. This discussion group will take a different stance toward the exploration of this relationship by examining these two clinical approaches side-by-side, with the intention of greater understanding of the two areas of practice and their relations. The format will involve two presenters, one providing detailed psychoanalytic session material, the other psychotherapeutic material. A discussant will take up a consideration of the two therapeutic processes and help facilitate a discussion of them in terms of method, technique, and therapeutic action.

After attending this session, participants should be able to: 1) Explain how the two processes of psychoanalysis and psychodynamic psychotherapy he can be meaningfully distinguished, if they can, along lines of comparison involving technique, method, and therapeutic action; 2) Use clinical examples from the data presented of psychoanalytic and psychotherapeutic processes to illustrate the distinctions that can be made conceptually between the two processes. **CEC: 2**

DISCUSSION GROUP 7:

PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Chair: M. Sagman Kayatekin, M.D. (Missouri City, TX)
Co-chair &
Presenter: Michael Groat, Ph.D., M.S. (Houston, TX)
Presenters: Daniel Knauss, Psy.D.* (Glendale, MA)
Gretchen Messner, L.P.C.* (Mill Spring, NC)

Dr. Kayatekin and Dr. Groat have extensive experience in psychoanalytic individual, group, family, and hospital work.

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The target audience is clinicians who have wide exposure to different venues of psychoanalytic practice: in the office, in psychotherapeutic hospitals, IOPs, and day treatment programs. These contexts with their regressive/progressive capabilities on the person and the psychopathology provide a unique window to the fascinating interrelatedness of intrapsychic and interpersonal matrices of the human mind. This discussion group will explore the interrelationship between the dyadic analytic work and the work in the multiple-treater settings. There will be two presentations from these settings following which the group will extrapolate in both directions using these contexts to highlight some aspects of the work in the other setting.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions. **CEC: 2**

DISCUSSION GROUP 8: RESEARCH IN PSYCHOANALYSIS

Coordinator: Charles P. Fisher, M.D. (San Francisco, CA)

Two senior psychoanalytic researchers will each describe their research along with one of their early career colleagues. For example, a senior researcher who has carried out a large scale project may present in conjunction with a post-doc or early career researcher who is using data from that earlier study to explore/answer new questions. This material will be used to illustrate the structure of collaboration in psychoanalytic research. It will also demonstrate the creative process by which research questions are developed, refined, and turned into projects.

After attending this session, participants should be able to: 1) Describe the importance of mentorship and the intergenerational development of our knowledge base in psychoanalytic research; 2) Explain key features of the creative process involved in generating research questions. **CEC: 2**

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1:30 P.M. – 3:30 P.M. CONTINUED

DISCUSSION GROUP 9:

PSYCHOANALYSIS AND LITERATURE: THE SYMBOLOGY OF ERNEST HEMINGWAY'S FICTION MEASURED BY SIGMUND FREUD'S THEORIES OF THE DREAM AND UNCONSCIOUS.

Chair &

Presenter: R. Curtis Bristol, MD (Washington, DC)

Discussant: Joseph D. Lichtenberg, M.D. (Bethesda, MD)

Ernest Hemingway (1899-1961) is America's preeminent modern fiction writer. While critics and the popular culture dispute the details of his creative life and works, most agree on his remarkably unique and consistent writing style, what Hemingway himself described as the "iceberg theory of literature." The narrative surface obscures and protects by symbolization the deeper, more complex human meaning of the fiction. We will discuss the similarities and differences of Hemingway's theory of narrative set against Sigmund Freud's (1856-1939) use of literature—Sophocles' Oedipus Rex—and the place of narrative in his theories of unconscious dynamics and dream formation.

After attending this session, participants should be able to: 1) Discuss how Hemingway, the novelist, like the analyst, works to understand and use individual and universal symbols; 2) Describe the differences and similarities of the creation of fiction and creative construction of the dream. **CEC: 2**

DISCUSSION GROUP 10:

APPLYING PSYCHOANALYTIC CONCEPTS TO THE TREATMENT OF EATING DISORDERS AND SEVERE PSYCHOSOMATIC PROBLEMS

Chair: Kathryn J. Zerbe, M.D. (Portland, OR)

Presenter: Elizabeth Hamlin, M.D.* (Brookfield, WI)

The hospital treatment of a woman in her mid-30s who has struggled for over two decades with periods of severe eating restriction, over-exercise, and bingeing and purging illustrates the value and application of classic and contemporary psychoanalytic concepts in a severely ill person. Creative adjustments to the treatment frame, pertinent attachment deficits, gradual confrontation of denial of death and other omnipotent defenses, and attention to faulty skin ego boundaries can be usefully applied to assist patients who are otherwise assumed to be unmanageable and untreatable in many clinical settings.

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After attending this session, participants should be able to: 1) Discuss how psychoanalytic formulation based on classic and contemporary theory guides the care for complicated patients with eating and other psychosomatic problems; 2) Implement adjustments in the treatment frame to confront, and ameliorate the omnipotent defense, skin ego deficits, denial of death, and psychotic levels of separation anxiety in the severely ill patient. **CEC: 2**

DISCUSSION GROUP 11: THE IMPACT OF UNRESOLVED EARLY PSYCHOSEXUAL CONFLICTS ON THE PSYCHOPATHOLOGY OF ADULT PATIENTS

Chair &

Presenter: Mia W. Biran, Ph.D. (Cincinnati, OH)

Discussant: Claire Steinberger, J.D., Ed.D.* (New York, NY)

This discussion group focuses on understanding the impact of early psychosexual conflict on the psychopathology in adult patients suffering from symptoms of depression, anxiety, aggressions, self-defeating behaviors, eating disorders, and others. Since the appearance of Freud's writings on psychopathology, there has been a gradual decline in the space devoted to the above in psychoanalytic literature. This session will start with a review of relevant recent literature. Case material from psychoanalysis with a man and woman will then be presented, followed by group discussion. Participants are invited to bring material from their own cases.

After attending this session, participants should be able to: 1) Predict the potential impact of problems during early psychosexual stages of development on later psychopathology in adulthood; 2) Analyze themes of core psychosexual conflicts in the material presented by patients. **CEC: 2**

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3:45 P.M. – 5:45 P.M.

UNIVERSITY FORUM:

DESIRE AND DECEIT IN HENRY JAMES'S "THE GOLDEN BOWL"

Chair: Hilary J. Beattie, Ph.D. (New York, NY)

Presenters: Susan M. Griffin, Ph.D.* (Louisville, KY)

William Veeder, Ph.D., M.F.A.* (Chicago, IL)

Discussant: Lucy LaFarge, M.D. (New York, NY)

William Veeder, Professor Emeritus of English at the University of Chicago, and Susan M. Griffin, Professor of English at the University of Louisville and Editor of *The Henry James Review*, will present on Henry James's masterpiece, "The Golden Bowl." Lucy LaFarge, Training and Supervising Analyst at the Columbia University Psychoanalytic Center, will be the discussant. The program is targeted towards clinicians interested in literature and the clinical insights it can generate. The novel subtly depicts the mind's workings in a small group of characters as they move through multiple, shifting relationships and power struggles across generations and genders. One major trope is that of active, analytic listening to both words and silences which in turn speaks to the theory and practices of psychoanalysis.

After attending this session, participants should be able to: 1) Describe the collusive ways whereby family "fictions" can be created and perpetuated, e.g., through implicitly sexualized Oedipal bonds, so as to exclude their members from generative relationships with outsiders; 2) Discuss the resulting vulnerability to deception, and resistances to awareness and insight, and how these might be addressed in the clinical setting. **CEC**: 2

CANDIDATES' COUNCIL PSYCHOANALYTIC PAPER PRIZE AND WRITING WORKSHOP

Chair: Sumru Tufekcioglu, Ph.D. (New York, NY)

Presenter &

Prize Winner: Mead Goedert, Ph.D., L.M.S.W. (West Bloomfield, MI)

Title: "Shamed if you do, shamed if you don't: Clinical encounters with social class"

Discussant: Seth Aronson, Psy.D. (New York, NY)

The Candidates' Council Psychoanalytic Paper Prize is awarded based on a competition in which any candidate member is eligible to participate. The award-winning paper is chosen based on a peer review process with candidate colleagues serving as readers and

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judges. This year's semi-finalist prize winner, Mead Goedert, a candidate at the Michigan Psychoanalytic Institute, will present his paper "Shamed if you do, shamed if you don't: Clinical encounters with social class" in which he considers the impact of social class in the analytic process. Seth Aronson, Training Director, and Training and Supervising Analyst at The William Alanson White Institute in New York will serve as the discussant and comment on the themes of the paper as well as on the writing process more broadly. Participants will have the opportunity for discussion in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Develop an idea into a psychoanalytic paper in preparation or professional dissemination; 2) Evaluate papers as readers for the Candidates' Council Psychoanalytic Paper Prize and for professional journals.

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CLINICAL CONFERENCE #2 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: THE STRUCTURE OF THE TRAINING CLINIC AS DEFENSE

Chair: Lara Sheehi, Psy.D.* (Williamsburg, VA)
Presenter: Kristopher A. Kast, M.D.* (New York, NY)
Discussant: Susan Kattlove, M.D. (Cambridge, MA)

The structure of the training clinic creates a unique frame for psychodynamic psychotherapy. Iterative terminations challenge each new treatment and supervision dyad, and successful navigation of these "forced" endings offers therapeutic and educational benefit. This structure can also become a nidus for patients' defensive processes and transference phenomena, as well as countertransference enactments and parallel processes in supervision. A clinical case will illustrate how iterative terminations, self-titration of frequency, preoccupation with "good boundaries", institutional transference, and content-switching to "biological" symptoms can defend against the intimate space of psychodynamic psychotherapy in the clinic setting.

After attending this session, participants should be able to: 1) Describe the patient's use of the training clinic structure as a defense against intimacy with the trainee therapist; 2) Assess the potential concordant or complementary countertransferential experiences

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3:45 P.M. – 5:45 P.M. CONTINUED

in the trainee-therapist in response to the patient's defensive use of the clinic structure. **CEC: 2**

PROFESSIONAL DEVELOPMENT WORKSHOP: “PSYCHOANALYSIS: UNPLUGGED” HOW TO WRITE FOR THE OFFICIAL APSAA BLOG

Chair &

Presenter: Susan D. Kolod, Ph.D. (New York, NY)

Presenter: Wylie G. Tené, APsA Director of Public Affairs
(New York, NY)

This is a hands-on workshop in which potential writers for the APsA blog, *Psychoanalysis Unplugged*, can learn blog-writing. Attendees should come prepared with an article idea so that the presenters can work with them to develop the idea for a blog post. Psychoanalysts need to be more visible, and writing for the public via a blog is one way to build a more active practice, grow a vibrant profession, and contribute to society's understanding of human behavior and psychoanalytic ideas. APsA's official blog *Psychoanalysis: Unplugged* is a member benefit providing an opportunity to share expertise, advice, and unique perspectives with the general public, while also helping to generate interest in psychoanalysis as a treatment and profession. Presenters will discuss the basics of blog writing and specific goals of the APsA blog.

After attending this session, participants will be able to 1) Apply blog writing skills, with a specific focus on the APsA blog, to increase public understanding of psychoanalysis 2) Use this knowledge to gain visibility and build a more active practice. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 1: PSYCHOANALYTIC PSYCHOTHERAPY (PART 1)

Chair: Ann Dart, L.C.S.W.* (Portland, OR)

Presenter: Zoe Crawford, L.C.S.W. * (Portland, OR)

Discussant: Mark Smaller, Ph.D. (Douglas, MI)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

This clinical workshop, sponsored by APsA's Psychotherapy Department, will focus on psychotherapy process and technique. The workshop will feature a psychodynamic psychotherapist presenting

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

detailed process notes from several sessions and a discussant who will help highlight aspects of the case. After a close reading of the clinical material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play in the therapy. Participants will deepen their understanding of how these principles and techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, participants should be able to: 1) Describe several psychoanalytic principles reflected in the clinical material; 2) Explain several psychoanalytic techniques used to effectively deepen the work. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 2: ANALYTIC PROCESS AND TECHNIQUE (PART I)

Chair: Irene Cairo, M.D. (New York, NY)
Presenter: Navah C. Kaplan, Ph.D. (New York, NY)
Discussant: Glen Gabbard, M.D. (Houston, TX)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

This clinical workshop allows for the in depth discussion of a clinical case through the two consecutive days of the meeting. The focus is both on an identification of the analytic process and on an examination of the technical approach by the guest discussant, Dr. Glen Gabbard. In this case, Dr. Gabbard is well known for his being versed in multiple theories and for being capable of working analytically with severely disturbed patients.

After attending this session, participants should be able to: 1) Describe the main features of the discussant's clinical approach; 2) Use some of the discussant's approach in their own clinical thinking.

CEC: 2

FRIDAY

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

TWO-DAY CLINICAL WORKSHOP 3: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Joseph D. Lichtenberg, M.D. (Bethesda, MD)
Presenter: Arthur A. Gray, Ph.D.* (New York, NY)
Discussant: Scott M. Davis, M.D. (Chicago, IL)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

In this clinical workshop, verbatim exchanges drawn from several sessions of an analysis will elucidate listening, understanding, and interpreting guided by empathic perception and motivational systems theory.

After attending this session, participants should be able to: 1) Analyze the sequence of the clinical exchange between the analyst and the analysand with an understanding of the impact of each on the other; 2) Apply the empathic mode of perception as a basis for interpretation and other interventions. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 4: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Richard B. Zimmer, M.D. (New York, NY)
Presenter: Lorrie Chopra, M.S. (Livonia, MI)
Discussant: Judy Kantrowitz, Ph.D. (Brookline, MA)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

Every analytic encounter is uniquely determined by the state of mind of both the patient and the analyst. In this workshop, the focus will be on how the analyst can best understand the patient's state of mind and current conflicts and how he or she chooses to intervene. Process material will be presented from an ongoing analysis, and participants will be encouraged both to consider how the process as it is presented might be understood and how they, as individual analysts with personal styles of listening, might arrive at a clinical intervention in a given moment.

After attending this session, participants should be able to 1) Describe how they understand the patient's state of mind and current intrapsychic conflict as they listen to clinical process; 2) Explain how they understand the analyst's decision to intervene as

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

she does, as well as their understanding of how they might intervene in the same clinical situation. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 5: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Lynne Zeavin, Psy.D. (New York, NY)
Presenter: Marcus J. Houston, M.D., M.P.H. (Oakland, CA)
Discussant: Dominique Scarfone, M.D.* (Montreal, QC)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

Process notes from psychoanalytic sessions will be presented to the discussant, Dr. Scarfone. He will address clinical and theoretical issues arising from the presentation. Participants will also have the opportunity to address the material and to engage with our discussant and each other.

After attending this session, participants should be able to: 1) Describe their own clinical/theoretical perspectives as they develop and emerge in relation to perspectives brought by our presenter and discussant; 2) Describe ways to contend with the variety of perspectives voiced by the group. **CEC: 2**

CHILD AND ADOLESCENT TWO-DAY CLINICAL WORKSHOP (PART 1)

Chair: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)
Presenter: Elahe Sagart, M.D. (Newport Beach, CA)
Discussant: Christine C. Kieffer, Ph.D., ABPP (Chicago, IL)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

Using detailed case material from the initial and middle phases of analysis of a latency-age boy, the presenter will attempt to demonstrate the critical importance of parental function in providing the truth as mental nutrition for growth and development. The synergistic effects of multiple traumatic life events (including the loss of a sibling through suicide), parental misrepresentation of reality, and their consequences in the child's development will be explored. The presenter will demonstrate the challenges she had to face in developing a trusting relationship by becoming the truth speaking object.

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

After attending this session, participant should be able to: 1) Describe two key functions of truth and its role in advancement of development; 2) Explain the critical role of the analyst in helping the family construct a more functional family structure based on genuine affective links. **CEC: 2**

DISCUSSION GROUP 12: EMERGING PERSPECTIVES ON LESBIAN, GAY, BISEXUAL, TRANS*, AND QUEER: DO WE NEED GENDERED REQUIREMENTS FOR TRAINING?

Chair: Diana E. Moga, M.D., Ph.D. (New York, NY)

Presenter: Cary D. Friedman, M.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Ever since Freud opined that female penis envy and the male “repudiation of femininity” were the bedrock of psychoanalysis, we have been constrained by the gender binary. By voicing and reinforcing the criterion of gender, psychoanalytic practice becomes part of a disciplinary frame. In this discussion group, the participants will explore how psychoanalysis regulates gender and how that emphasis influences psychoanalytic training, education, thought, and practice. (The * is used metaphorically to capture all the identities that fall outside traditional gender norms.)

After attending this session, participants should be able to: 1) Analyze theories of gender vis-a-vis the gender binary; 2) Consider the influence of psychoanalytic theories of gender development on psychoanalytic thought and practice. **CEC: 2**

DISCUSSION GROUP 13: UNCONSCIOUS REVERBERATIONS BETWEEN MIND AND BODY IN CHILD ANALYSIS: THE ROLE OF THE WORKING ALLIANCE, INTERPRETATION, AND RECONSTRUCTION

Chair &

Discussant: Sydney Anderson, Ph.D. (Bloomington, IN)

Presenter: Thomas F. Barrett, Ph.D. (Chicago, IL)

This presentation will focus on the seven-year analysis of a girl

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

who was underachieving and avoidant at the start of treatment. The analytic material will be used to demonstrate the importance of a solid treatment alliance in order to create the possibility for bringing to the child's attention unconscious aspects of her bodily and emotional experiences. The technical challenges of talking directly with the child about her mind, her emotions, her body, and her burgeoning sexuality will be highlighted, with an emphasis on enlisting the child's curiosity about these matters and on working through her defenses against these awarenesses. An additional focus will be on the importance and value of the termination process.

After attending this session, participants should be able to: 1) Describe two ways in which reconstructive interpretations effect structural change; 2) Explain two technical approaches to facilitating a child's receptiveness to analytic interpretation by increasing awareness of defenses. **CEC: 2**

DISCUSSION GROUP 14:

LOVE, SEX, AND THE AMERICAN PSYCHE: THE CASE OF A YOUNG WOMAN ENTRENCHED BY SADOMASOCHISM

Co-chair &

Presenter: R. Curtis Bristol, M.D. (Washington, DC)

Co-chair &

Discussant: Stefan Pasternack, M.D. (Delray Beach, FL)

Georgia was an extremely attractive, single twenty five year old who began analysis complaining of disruptive anxiety, self-doubts, and failure of relationships. She was a distinguished university fine arts MA, sometime model, and serious artist who worked in commercial design. The initial evaluation suggested she had serious obsessional symptoms: undoing, isolation of affect, perfectionism, and procrastination. An adult pattern of bad decisions, humiliation, and defeat in love was reflected in a sadomasochistic transference. This gave way to a complex but analyzable Oedipal transference based on "(Her) having two fathers and a bitch for a mother." The six year analysis ended with impressive professional achievements, greatly diminished risk taking, and more appropriate and confident dating.

After attending this session, participants should be able to: 1) Recognize and manage a sadomasochistic transference; 2) Assess the conflicted and multiply lawyered origin and lived experience of the two father Oedipus complex. **CEC: 2**

FRIDAY

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

DISCUSSION GROUP 15:

OUTCOME IN CHILD AND ADOLESCENT PSYCHOANALYSIS

Co-chairs: Robert Galatzer-Levy, M.D. (Chicago, IL)

Paul C. Holinger, M.D. (Chicago, IL)

Presenter: Theodore Fallon, Jr., M.D., M.P.H. (Wayne, PA)

This discussion group explores outcomes in child/adolescent psychoanalysis using information obtained from interviews conducted with the patient and parents/caregivers at least two years after the termination of the analysis. The process includes exploration of how patients/parents experienced the treatment; what happened externally and internally to the patients/parents after treatment; the gains/problems associated with treatment; and subsequent treatment. The results from these ongoing interviews will be updated. New material from the analysis of a latency-age girl and her parents after termination will be introduced.

After attending this session, participants should be able to: 1) Compare usual ideas about child/ adolescent analysis with the new findings emerging from these outcome studies; 2) Utilize these new outcome data in their clinical, supervisory, and teaching work. **CEC: 2**

DISCUSSION GROUP 16:

WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)

Co-chairs: Earle Baughman, M.D. (Alexandria, VA)

Melvin Bornstein, M.D. (Birmingham, MI)

Jonathan Palmer, M.D. (Newton, MA)

Arthur L. Rosenbaum, M.D. (Cleveland Heights, OH)

Harvey Schwartz, M.D. (Philadelphia, PA)

Peggy E. Warren, M.D. (Waban, MA)

Presenter: Mark Moore, Ph.D. (Philadelphia, PA)

Analysts are often called upon to describe their work in written form. Clinical psychoanalysis is a spoken process; however, it is through a written process that much of the psychoanalyst's reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report). It is led by analysts who have had significant experience in teaching about clinical writing. (This discussion group is related to

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

Committee Sponsored Workshop 1: On Teaching about Analytic Case Writing, Friday, June 22 from 1:30 p.m. - 3:30 p.m.)

After attending this session, participants should be able to: 1) Organize and write about the analyst's work in a case report; 2) Describe the specific experience of both patient and analyst in the clinical account. **CEC: 2**

6:00 P.M. – 7:30 P.M.

PANEL I:

PSYCHOANALYST ASSISTANCE CASEBOOK: FACING THE PERILS OF OMNIPOTENCE

Chair &

Presenter: Audrey Kavka, M.D. (Oakland, CA)

Presenters: Robert Galatzer-Levy, M.D. (Chicago, IL)

Stephanie Schechter, Psy.D. (Cambridge, MA)

At times of personal crisis, omnipotent defenses may come to the fore with potentially perilous consequences if ignored and left unchecked. This is the conclusion of the APsaA Committee on Colleague Assistance, which has been studying the situation of colleagues who continue professional practice despite compromised competence due to health and/or life changes. When a psychoanalyst continues to practice in a compromised state that analyst's professional standing and legacy are in peril. It is also a state of peril for the analyst's patients, family, and the local psychoanalytic community. Various points of view and entry points into these situations will be presented.

After attending this session, participants should be able to: 1) Describe situations appropriate for colleague assistance; 2) Apply options for attending to situations in which a colleague's professional capacity may be compromised due to physical and/or emotional health issues. **CEC: 1.5**

DAILY SCHEDULE

7:30 P.M. – 8:30 P.M.

SOCIAL EVENT: ATTENDEE COCKTAIL PARTY SPONSORED BY THE ERNST AND GERTRUDE TICHO CHARITABLE FOUNDATION

All are invited to attend this cocktail reception sponsored by the Ernst and Gertrude Ticho Charitable Foundation following the Psychoanalyst Assistance Casebook Panel. Join us for networking, food, drinks and socializing!

Saturday, June 23, 2018

9:00 A.M. – 12:00 P.M.

CLINICAL PLENARY ADDRESS:

“CREATING A SELFISH BITCH”: BETWEEN NARCISSISM AND OBJECT RELATIONS

Chair: Nancy Kulish, Ph.D. (Birmingham, MI)

Speaker: Sidney H. Phillips, M.D. (New Haven, CT)

Discussants: Donald Moss, M.D. (New York, NY)

Kathryn J. Zerbe, M.D. (Portland, OR)



This clinical presentation of an analysis with narcissistic concerns will demonstrate a shift in clinical technique midway through an ongoing analysis that resulted in the patient's expanded capacity for and consciousness of his own self-regard and a marked reduction in a self-critical trend. The shift in technique was prompted by the development of an intense sadomasochistic transference and near impasse in response to traditional object relational transference interpretations. When the analyst changed his approach and used a version of mirror transference interpretations, the patient became a more bounded, separate person who was more comfortable in his own skin. This development seemed to be a turning point in the treatment where a movement toward objects seemed possible.

After participating in this discussion participants will be able to: 1) Describe the clinical manifestations of a sadomasochistic transference; 2) Compare and contrast the impact of the use of traditional interpretations, object relational transference interpretations, and mirror transference interpretations. **CEC: 3**

FRIDAY

SATURDAY

DAILY SCHEDULE

12:00 P.M. – 2:00 P.M.

LUNCH BREAK

2:00 P.M. – 4:00 P.M.

SCIENCE DEPARTMENT SESSION

Coordinator: Charles P. Fisher, M.D. (San Francisco)

Members of a psychoanalytic research team will describe key aspects of their work in an interdisciplinary field with important implications for psychoanalysis.

After attending this session, participants should be able to: 1) Describe the importance of interdisciplinary work in expanding the knowledge base and applicability of psychoanalytic concepts; 2) Explain key features of the creative process involved in generating interdisciplinary research questions. **CEC: 2**

CLINICAL CONFERENCE #3 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: MATTERS OF LIFE AND DEATH IN THE CONSULTING ROOM

Chair: David Buxton, M.D.* (Richmond, VA)

Presenter: Elizabeth Rawson, M.D.* (San Francisco, CA)

Discussant: Stephanie Brody, Psy.D. (Lexington, MA)

The patient's psychic handling of the fact of mortality is present in all psychotherapeutic treatments, although this may at times go unrecognized. The patient's prior orientation toward death influences, and may be transformed by, the experience of receiving a terminal diagnosis. This session will utilize case material from a severely traumatized patient who, after a lifetime of being terrified of living and obsessed with dying, was diagnosed with a terminal illness. The group will consider the meaning of the patient's preoccupation with death in the context of the treatment including the transference/countertransference. The impact of the imposition of an actual "death sentence" will be discussed. Psychoanalytic conceptualizations of the psychic representation of mortality and the meaning of a death obsession will be explored.

After attending this session, participants should be able to: 1) Describe a theory-based conceptualization of the psychic representation of mortality; 2) Discuss how mortality may enter into clinical work both with patients who are facing terminal illness and those who are not. **CEC: 2**

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

**TWO-DAY CLINICAL WORKSHOP 1:
PSYCHOANALYTIC PSYCHOTHERAPY (PART 2) CEC: 2**

Chair: Ann Dart, L.C.S.W.* (Portland, OR)

**TWO-DAY CLINICAL WORKSHOP 2: ANALYTIC PROCESS AND
TECHNIQUE (PART 2) CEC: 2**

Chair: Irene Cairo, M.D. (New York, NY)

**TWO-DAY CLINICAL WORKSHOP 3:
ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2**

Chair: Joseph D. Lichtenberg, M.D. (Bethesda, MD)

**TWO-DAY CLINICAL WORKSHOP 4:
ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2**

Chair: Richard B. Zimmer, M.D. (New York, NY)

**TWO-DAY CLINICAL WORKSHOP 5:
ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2**

Chair: Lynne Zeavin, Psy.D. (New York, NY)

**CHILD AND ADOLESCENT TWO-DAY CLINICAL WORKSHOP
(PART 2) CEC: 2**

Chair: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)

**COMMITTEE SPONSORED WORKSHOP 2: COLLEAGUE
ASSISTANCE: ASSISTANCE COMMITTEES AND BEYOND**

Chair: Audrey Kavka, M.D. (Oakland, CA)

Colleague assistance takes place in our communities in formal and informal ways. Psychoanalyst Assistance Committees face complex challenges including community distrust and painful contact with colleagues in distress. What resources are available for those involved in Colleague Assistance? What about issues of wellness and prevention? The Committee on Colleague Assistance offers this Workshop as an open forum for participants to share questions, concerns, expertise and experience with each other. The workshop program is informal. It begins with introductions and the raising of questions and issues from all attending. In this way, we prioritize what is pertinent to those attending. Vignettes to work through

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

together will be available if there is enough time and interest in the group.

The workshop is open to all.

After attending this session, participants should be able to: 1) Explain and employ psychoanalytic concepts relevant to colleague assistance activities; 2) Apply the experience of other PACs to their own local PAC work. **CEC: 2**

DISCUSSION GROUP 17: ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES

Co-chairs: Susan Kattlove, M.D. (Cambridge, MA)
Stephanie Schechter, Psy.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This discussion group will explore every day ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Describe competing ethical and clinical values that arise in relationships among members of psychoanalytic institutes; 2) Apply these concepts to participants' own clinical, supervisory, and collegial relationships. **CEC: 2**

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

DISCUSSION GROUP 18: TENNESSEE WILLIAMS' "SUMMER AND SMOKE": DEVELOPMENTAL CONFLICTS

Co-chairs: Eva F. Lichtenberg, Ph.D.* (Chicago, IL)
Arnold D. Tobin, M.D. (Chicago, IL)

Freud in 1912 wrote about the sometime failure of the affectionate and sensual currents in love to combine. The two main protagonists in Tennessee Williams' 1948 play, "Summer and Smoke," both motherless with controlling fathers and adolescent in behavior, exemplify this developmental failure. Alma, a rigid minister's daughter is hysterically virginal, her attention focused on her neighbor John, son of a strict widower, who is rebelliously promiscuous and tempestuous. However, they are attracted to each other. The characters' subsequent growth proceeds in opposite directions with Alma becoming overtly sexual and John marrying a respectable woman. The play's sad outcome is shaped by heterosexual developmental factors added to maternal losses with inadequate mourning, punitive paternal interference, and inadequate superego formation.

After attending this session, participants should be able to: 1) Explain how good adolescent development leads to a well define super-ego; 2) Discuss how disruption in adolescence can impair the ability to establish ego ideas necessary for developing integrating love relationship. **CEC: 2**

DISCUSSION GROUP 19: PARENT WORK IN PSYCHOANALYSIS

Co-chairs: Jack Novick, Ph.D. (Ann Arbor, MI)
Kerry Kelly Novick (Ann Arbor, MI)
Presenter: Thomas F. Barrett, Ph.D. (Chicago, IL)

Dr. Thomas Barrett, a distinguished senior child analyst, will present his work with a nine-year old child who was referred as "possibly on the autistic spectrum." Concurrent work with the child and parents revealed a history of early trauma previously unknown to the parents. Details of the subsequent work with the parents and child will be presented.

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

After attending this session, participants should be able to: 1) Describe ways in which pre-verbal trauma can leave implicit memories which seriously effect further development; 2) Apply techniques of concurrent parent work and child analysis to achieve insight, mourning, integration and mastery over early traumatic experiences. **CEC: 2**

DISCUSSION GROUP 20: PSYCHOANALYTIC EXPLORATIONS: HOW OUR NEGLECT OF AFFECT LIMITS CLINICAL TECHNIQUE

Chair &

Presenter: Merton A. Shill, L.L.M., Ph.D, FIPA (Ann Arbor, MI)

The psychoanalytic theory of affects is burdened by Freud's overarching allegiance to a biological energy theory that attributed affects to drive discharges, tension states, and/or drive derivatives. The later theory conceptualizing affect (anxiety) as a signal did not clarify the relationship between affects and drives. Clinical technique across all schools of psychoanalytic thought has been affected by this situation. Addressing affects directly has largely been overlooked. A new conception of the psychology of affects involving the role of conscious and unconscious ego processes, internalized object representations, and unconscious fantasy will be suggested as an alternative approach. Clinical illustrations will be offered and an interactive discussion will be encouraged. Participants will benefit from bringing clinical examples of their own work with affects.

After attending this session, participants should be able to: 1) Describe the origin and significance of the neglect of affects in clinical technique; 2) Formulate and apply clinical interventions that reflect an understanding of the role of various conscious and unconscious ego processes in affects and thereby facilitate therapeutic action.

CEC: 2

SATURDAY

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

DISCUSSION GROUP 21:

PSYCHOTHERAPIST ASSOCIATES PRESENT: FOR WHOM DID YOU VOTE? HOW POLITICS AFFECTS TRANSFERENCE AND COUNTERTRANSFERENCE

Chair: Margo P. Goldman, M.D.* (Andover, MA)
Co-chair: Petra Pilgrim, M.D.* (Houston, TX)
Presenter: Holly Passi, Psy.D.* (Chicago, IL)
Discussant: Prudence Gourguechon, M.D. (Chicago, IL)

This discussion group provides training in psychodynamic principles and techniques of psychoanalytic psychotherapy. Its general focus is identifying and managing countertransference and transference enactments to facilitate treatment. This case presentation and discussion will demonstrate how differing political affiliations can impact the treatment process and progress. This program will also clarify how to manage and use one's subjective reactions to advance the treatment or elucidate potential pitfalls impeding the patient's growth. Attendees will hear about and discuss a patient's individual therapy's content and process, and it is appropriate for all levels of clinical training and skill.

After attending this session, participants should be able to: 1) Describe countertransference and transference enactments in individual psychotherapy; 2) Apply self-reflective strategies to identify and use countertransference to protect the treatment from destructive re-enactments in the context of the therapist's political affiliation and its impact on the therapy. **CEC: 2**

DISCUSSION GROUP 22:

UNACKNOWLEDGED SHAME, SPITEFUL RAGE, AND THE VILIFICATION OF LOVE IN DOSTOYEVSKY'S "NOTES FROM UNDERGROUND"

Chair &
Presenter: Melvin R. Lansky, M.D. (Los Angeles, CA)

Dostoyevsky's shame-filled and spiteful 'Underground Man' proves consummately self-sabotaging when readers see that his seductive outpourings with a prostitute, Lisa, have won her over and she leaves the brothel to be with him. He reacts to this show of love by pressing money in her hand, thus vilifying his newfound love relationship. This relentless spite and vilification leave the reader horrified and helpless, in part, because the Underground Man learns nothing from this episode, but resumes his pontifications as the novella ends.

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

Note: A familiarity with the novella will be presumed. Attendees are strongly urged to read the Constance Garnett translation (Hackett Publishing Company, 2009) before the session in order to get the most out of the discussion group.

After attending this session, participants should be able to: 1) Describe character traits that are well demonstrated in Dostoyevsky's fictional character, but would not be subsumable in our usual nomenclature; 2) Explain the role of envy in this fictional character who vilifies his love object because he cannot tolerate being loved, and reflect on odious character traits that one finds in oneself as well as countertransference reactions to those characterological traits.

CEC: 2

DISCUSSION GROUP 23: THE CANDIDATE AT WORK: HOW DO WE BEGIN? FEELING LOST GOING IN THE RIGHT DIRECTION

Chair: Sarah L. Lusk, Ph.D. (Cambridge, MA)
Presenter: David German, D.O. (Washington, DC)
Discussant: Alan Sugarman, Ph.D. (La Jolla, CA)

When and how does an analysis begin? How can the initial contacts with our patient inform our work as the formal analysis begins? Analysts and patients have expectations even before there is a referral. It can be challenging to be aware of and manage our patient's early transferences and our countertransferences at the beginning of an analysis. How the analysts thinks about analysis, the patient, and the process all contribute to how the analytic process will unfold. In the case presented, a new patient presents with idealized expectations of the analysis and analyst that lead to an uncomfortable countertransference and pressure on the frame that leave the analyst struggling to work with an agreeable and very compliant patient. Through looking closely at clinical process material and discussion we will explore how to understand and use all the many pressures the analyst feels at the beginning of an analysis.

After attending this session, participants should be able to: 1) Describe techniques that foster creating an analytic relationship; 2) Utilize countertransference reactions to inform and deepen the analytic relationship. **CEC: 2**

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

DISCUSSION GROUP 24: TOWARDS AN UNDERSTANDING OF LONELINESS AND ALONENESS

Chair: Arlene K. Richards, Ed.D. (New York, NY)

Presenter: Brenda Solomon, M.D. (Glencoe, IL)

Dr. Brenda Solomon will present her paper that illuminates the issues for a psychoanalyst when confronted by the death of analytic colleagues and also a patient. Instances of helping the patients of a dying analyst to deal with the loss of their analyst and move on are discussed. How these deaths recalled earlier personal losses and how such feelings were managed are described. Case material from the analyst's patients as Dr. Solomon helped them to deal with their own analyst's terminal condition is provided along with Dr. Solomon's feelings about providing this help. The anticipation of the loneliness that inevitably comes with such loss will be a point for discussion and understanding.

After attending this session, participants should be able to: 1) Describe issues arising from the analyst's confrontation with death and the feelings that are engendered; 2) Explain how one might deal with the anticipation of loneliness and loss that comes with the death of an important other. **CEC: 2**

4:30 P.M. – 6:30 P.M.

PANEL II: FREE SPEECH, HATE SPEECH AND NEUTRALITY: IN AND OUT OF THE CONSULTING ROOM

Chair: Donald Moss, M.D. (New York, NY)

Presenters: Aisha Abbasi, M.D. (West Bloomfield, MI)

Seth Aronson, Psy.D. (New York, NY)

Karim G. Dajani, Psy.D., M.F.T.* (San Francisco, CA)

Mayumi Pierce, M.D.* (San Francisco, CA)

Lara Sheehi, Psy.D.* (Williamsburg, VA)

Susan Vaughan, M.D. (New York, NY)

"Hate speech" exposes the shaky, uncertain ground on which the border between speech and action rests. Clinical psychoanalysis takes place precisely on that ground, where word and deed co-mingle. Can we use our experience there as we contend, as clinicians and as citizens, with the increasing presence of words explicitly

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. CONTINUED

intended as deeds? Can we still hold on to our firm commitment to both “free association” and “free speech” when we see the damage wrought by words to people of color, women, immigrants, and the LGBTQ community? If we can, how can we? And if we can’t, what lines must we draw?

After attending this session, participants should be able to: 1) Assess the tensions between the value of “free” speech and the damaging impact of “hate speech”; 2) Critique our own notion that speech and action comprise two separate categories. **CEC: 2**

7:30 P.M. – 9:00 P.M.

SOCIAL EVENT: GRANT PARK MUSIC FESTIVAL AND BOXED DINNER

Note: Registration is required for this event separate from your meeting registration. See page 9 for details.

Join other APsaA attendees at the Jay Pritzker Pavilion in Millennium Park for an outdoor concert. Registration for this event include your choice of a boxed dinner from a local favorite restaurant and a reserved seat within a designated section for APsaA attendees. We’ll meet in the lobby of the Palmer House Hilton and walk to the Jay Pritzker Pavilion in Millennium Park just a couple minutes away to enjoy the music of renowned pianist Natasha Paremski with the Grant Park Orchestra.

Sunday, June 24, 2018

9:00 A.M. – 11:00 A.M.

PANEL III: HEINZ KOHUT’S PSYCHOLOGY OF NARCISSISM: ITS DEVELOPMENT AND ITS CURRENT RELEVANCE

Chair: David M. Terman, M.D. (Wilmette, IL)
Presenters: James W. Anderson, Ph.D.* (Chicago, IL)
Charles B. Strozier, Ph.D. (New York, NY)
Elizabeth Lunbeck, Ph.D.* (Cambridge, MA)

Dr. Strozier is a psychoanalytic research graduate, professor at City

continued

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. CONTINUED

University of New York, and author of several books including the definitive biography of Heinz Kohut. Dr. Lunbeck is a psychoanalytic research graduate, professor at Harvard University, and author of several books including “The Americanization of Narcissism.” Dr. Anderson is a psychoanalyst, professor at Northwestern University, and psychobiographer with more than 50 publications. Presentations by the panelists are targeted towards clinicians who work with narcissistic patients and all who have an interest in narcissism. These areas will be addressed: Kohut’s development of his “psychology of the self;” the understanding of narcissism from Freud’s era until today, both within psychoanalysis and in American culture; and the distinction between pathological narcissism and healthy narcissism.

After attending this session, participants should be able to: 1) Describe the development of Kohut’s theory of narcissism against the background of views of narcissism in psychoanalysis and in American culture; 2) Assess the difference between pathological narcissism and healthy narcissism in patients. **CEC: 2**

CLINICAL CONFERENCE #4 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: INTERSECTING IDENTITIES: PSYCHODYNAMIC EXPLORATIONS OF ETHNIC AND SEXUAL IDENTITY TENSIONS IN LGBT ASIAN AMERICANS

Chair: Carlos E. Almeida, M.D. (New York, NY)

Presenter: A. Ning Zhou, M.D.* (San Francisco, CA)

Discussant: Cary D. Friedman, M.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

This session will explore the intersection of ethnic and sexual identities, particularly relating to LGBT Asian Americans. Studies have suggested that higher adherence to Asian cultural values is correlated with increased internalized homophobia and decreased disclosure of sexual orientation. Asian cultural values of collectivism, adherence to hierarchy, traditional gender roles, “saving face”/fear

continued

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. CONTINUED

of bringing shame to the family, and filial piety make it particularly challenging for Asian Americans to express their LGBT identities. This session seeks to explore the challenges of identity development when various aspects of one's identity are in conflict with one another. Case material of a gay-identified Chinese immigrant man will be presented to illustrate these themes.

After attending this session, participants should be able to: 1) Describe tensions that may arise in LGBT Asian Americans; 2) Define acculturation and discuss its impact on identity formation.

CEC: 2

Confidentiality

Confidentiality is of the utmost importance to APsaA. We would like to remind you about a few key issues concerning confidentiality at the National Meeting:

- In order to protect confidentiality of patients and treatments, material presented in sessions must not be written about or discussed outside of the session.
- Clinical material should not be discussed in halls or elevators, and should not be emailed or posted to the internet.
- If you attend a session in which clinical material is being presented and you think that you recognize the identity of the patient, you should quietly excuse yourself from the remainder of that session.
- Use appropriately disguised information and/or informed consent when talking about a patient. Keep in mind that even when demographic information is changed, specific details can make the patient identifiable to those who know him or her. This should be avoided where possible.

Attendance at APsaA's meetings is contingent upon registrants' agreement to maintain confidentiality. Failure to do so is a breach of ethical principles for APsaA members and cause for legal action for nonmembers.