

## PSYCHOTHERAPY DEPARTMENT EVENTS

### DISCUSSION GROUP #59:

PSYCHOTHERAPIST ASSOCIATES PRESENT:

### What Shapes the Therapist, Shapes the Therapy: Transference and Countertransference Implications

Thursday, February 15, 2018  
9:00 AM to 11:00 AM

Chair: Margo P. Goldman, M.D.

Presenter: Randall Richardson-Vejlgaard, Ph.D.

Discussant: Robin Deutsch, Ph.D.



This discussion group provides training in psychodynamic principles and techniques of psychoanalytic psychotherapy. Its general focus is identifying and managing countertransference and transference enactments to facilitate treatment. This case presentation and discussion will demonstrate how the therapist's life events (even if the patient is unaware) can impact the treatment process and progress. This program will also clarify how to manage and use one's subjective reactions to advance the treatment or elucidate potential pitfalls impeding the patient's growth. Attendees will hear about and discuss a patient's individual therapy's content and process, and is appropriate for all levels of clinical training and skill.

### Committee Sponsored Workshop #12:

### THE BUSINESS OF PRACTICE: Increasing Session Frequency: Challenges and Opportunities

Friday, February 16, 2018  
2:00 PM to 3:30 PM

Chair: Michael Groat, Ph.D., M.S.

Co-Chair: Jonathan Kersun, M.D.

Presenter: Rachel G. Gross, M.D.

Discussant: Mark Smaller, Ph.D.

It is common for a therapist to feel his/her patient would benefit from a treatment of increased frequency and depth, and the patient is reluctant. The reasons for this reluctance are varied and complex. Through presentation of case material, this workshop will address ways in which the therapist can help a patient engage in deeper treatment through increased frequency of sessions. Resistances to increasing frequency and depth will be explored, with group participation contributing to the learning experience.

...All registrants are welcome to attend